



Date: 4/29/25

MECHANICAL SOFT GRADES K – 12 LAUSD BREAKFAST, LUNCH, SUPPER MENU AUGUST 11 – 15, 2025					
WEEK 2				THURSDAY 8/14	FRIDAY 8/15
BREAKFAST				BREAKFAST	BREAKFAST
<i>Entrée</i>				Ham & Cheese Croissant (R0628)	Café LA Coffee Cake  (CMS #2773)
<i>Fruit (½ c)</i>				Banana (CMS #3204)	Perfect Pears (R3163)
<i>Fruit Juice, 4 oz</i>				Fruit Juice	Fruit Juice
<i>Milk, 8 oz.</i>				Milk	Milk
LUNCH				LUNCH	LUNCH
<i>Entrée</i>				Cafe LA Burger (R0090) OR Cafe LA Cheeseburger (R0128)	Beef Teriyaki Dippers & Carrot Rice Bowl (R5695)
<i>Vegetable (½ c)</i>				Roasted Potato Wedges (R4370)	<i>Carrot in Entree</i>
<i>Vegetable (½ c)</i>				Orange Medley Juice (CMS #1308)	Cooked Broccoli Florets (R4278)
<i>Fruit (½ c)</i>				Peachy Peaches (R3292)	Banana (CMS #3204)
<i>Fruit Juice, ½ c</i>				Fruit Juice	Kiwi Strawberry Slush (CMS #2417)
<i>Milk, 8 oz.</i>				Milk	Milk
SUPPER				SUPPER	SUPPER
<i>Entrée</i>				Fiestada Stuffed Sandwich (Beef & Cheese) (R0159)	Mini Mozzarella Bites with Marinara Sauce  (R1153)
<i>Vegetable</i>				Paradise Punch Vegetable Juice (CMS #1681)	Cooked Baby Carrots (R4374)
<i>Fruit</i>				Perfect Pears (R3163)	Strawberry Creamsicle (CMS #2861)

Date: 4/29/25

<i>Milk, 8 oz.</i>				Milk	Milk
CONDIMENTS B=Breakfast L=Lunch S=Supper				L- Secret Sauce (R7079), Ketchup, Mustard, Mayo S- Taco Sauce or Tapatio	L- Sriracha Sauce

All the Grain/Bread items served are whole grain rich.

Milk (Must serve two choices from the following four options – Fat-Free Milk, Low-Fat Milk, Fat-Free Lactose Free Milk, Fat-Free Chocolate Milk, Fat-Free Strawberry Milk) **NOTE:** Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper to students 1st grade and above.

Breakfast: Based on your students' preferences, Deluxe Cereal or 4 oz. Yogurt & Crackers (R5617-DW/ R5618-CB) can be served in place of any breakfast option.

Lunch: Based on your students' preferences and if you would like to give your Mechanical Soft diet additional options, you may serve the following in addition to entrée 1 or in place of it:

1. When appropriate, offer the 8 oz. Yogurt (CMS #7107-DW/#9016-DB and Crackers).
2. Manager's Choice (Sandwich) Daily Options: You can offer any of the following: Yellow Submarine Sandwich (R0771), Turkey Breast & Cheese Sandwich (R0911), Tuna Sandwich (R5619), Toasted Cheese Sandwich (R1086-IW or R1131-scratch) **✓**

Fruit: Fresh Banana (CMS #3204) **or** Strawberries (CMS #3246, R3332) can be used any time in place of juice or canned fruit.